

## AUCKLAND'S FIRST SKIN CLINIC – JUST FOR MEN

About Man is a professional skin clinic, designed for the modern man, where we are serious about taking care of his skin.

Step into this luxurious male-only zone located in the heart of Ponsonby, where you'll find expert skin advice and receive customised skin treatments. We understand that taking time out of your busy lifestyle can be hard so we have developed grooming services tailored to suit the tightest of schedules.

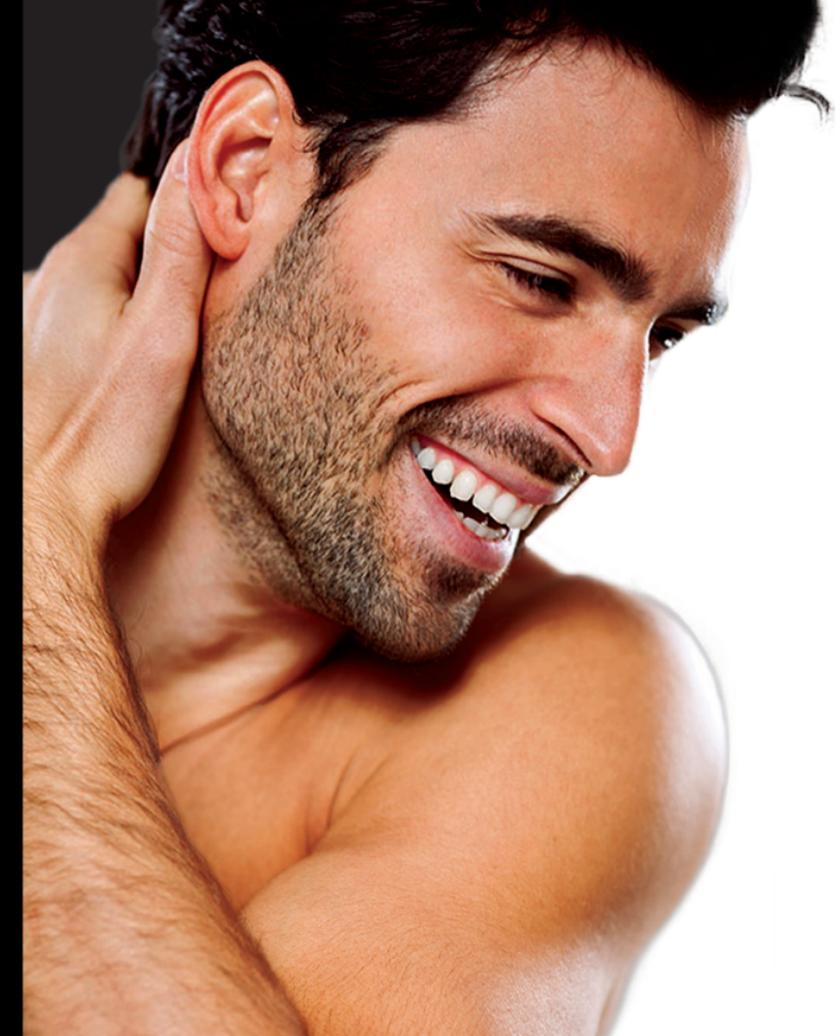
Our specialised non-surgical services help prevent future ageing and keep you looking at your peak. The brother to About Face, Auckland's leading skin experts for more than 30 years and winners of prestigious awards, your skin will be looked after by the best!

**ABOUT MAN**<sup>™</sup>  
SERIOUS ABOUT HIS SKIN

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TREATMENTS

**ABOUT MAN**<sup>™</sup>  
SERIOUS ABOUT HIS SKIN

## FACE

All of our skin treatments include a thorough skin check, product plan for DIY skin grooming and practical advice on how to improve your skin. Enjoy a complimentary brow tame with all skin treatments over 60 minutes.

### The Express Stop

A busy man with the world to conquer, you need to put your best face forward – fast. This taster treatment starts with a skin cleanse, before exfoliating your skin and applying a tailor-made facial mask, ending with a stress busting shoulder massage. You'll feel refreshed and look great.

*Allow 35 minutes, \$90*

### The Skin Saver

If your skin is sensitive, prone to irritation from shaving, you suffer from ingrown hairs or just need a little TLC; this is the one for you. Gentlemen's take on the classic facial to strengthen and soothe your skin.

*Allow 60 minutes, \$130*

*Or include a high-tech LED light, \$190*

### The Cut and Polish

Designed for an oily or blocked skin, this treatment includes a clinical skin peel or microdermabrasion to soften skin and extractions to clear congestion.

*Allow 60 minutes, \$190*

### The Complete Works

The ultimate skin treatment, it's perfect for when you need to bring your "A Game" It's a three-step custom made treatment using the latest advanced technology to target signs of ageing.

- *Exfoliate* – with a Skin Peel or Microdermabrasion to soften skin
- *Rejuvenate* – with a hi-tech LED light for hydration and skin brightness
- *Infuse* – with Sonophoresis to penetrate vitamins deep into your skin for younger, firmer skin

*Allow 75 minutes, \$260*

### The Game Changer – Skin courses - POA

If your skin concerns go a little deeper – redness, ageing, acne scarring, sun damage or pigmentation - we have a range of non-invasive skin courses using advanced technology. We will work with you on a customised plan to fix your skin or to halt ageing in its tracks.

*The first step is to book in for an in-depth skin check – \$55 (redeemable on treatments booked on the day)*

## GROOMING

### Brow Grooming

*Allow 15 minutes, from \$35*

### Waxing

Back & shoulders *from \$60*

Chest *from \$55*

Legs *from \$55*

### Long Term Hair Reduction

IPL (Intense Pulsed Light) offers safe, clinically proven, long-term reduction of dark hair on the face, back, chest, underarms, and legs. Visible light (from our medical grade machine) is absorbed by the pigment in the hair and converted to heat, destroying the follicle. The sensation is like a faint sting followed by warmth, similar to that of a rubber band flicking the skin . Ask about our introductory IPL packages.

*Please book in for a prerequisite consultation – \$55 (redeemable). Ask about our introductory IPL packages.*

## HANDS & FEET

### Hand Care

Total Hand-Care Manicure: Cuticles and nails are groomed, plus hand scrub, massage and mask treatments.

*Allow 50 minutes, \$89*

### Foot Care

Exotic Pure Fiji Spa Pedicure: Enjoy a coconut milk foot soak, sugar rub exfoliation and foot and leg massage with a hydrating body butter mask. To finish, nails and cuticles are groomed and buffed and rough skin softened.

*Allow 60 minutes, \$99*

## RELAXATION

### Massage

Swedish or deep tissue movements to ease aching muscles and release stress, using warm Pure Fiji Exotic Oil.

*40 minutes, \$85 | 55 minutes, \$105*

